

# A COMPARATIVE STUDY OF THE EGO DEPLETION OF MALES IN THE CLASS

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**ABSTRACT:** The current search is presented to identify: the level of depletion of Alna students of the victorious classes Differences in the level of maturity of the ego according to the variables of the third grade (third), pro (male, female)The study of the Salmon analyzes 2014 (Salmon., 2014), which consists of (15) paragraphs and translated the test into Arabic, and verified the veracity of translation and characteristics of the psychometric, and after the application to the research sample of (200) (100) individuals for each of the three intermediate and (100) individuals of the six preparatory secondary research by the two males and females. The data obtained from the samples were processed statistically and the following results were obtained: students of the stages of the end of Christ's depletion of Anna. There are statistically significant differences between the students of the third grade preparatory and sixth grade students and the difference for the sixth grade preparatory. There are no real differences in the level of depletion everywher

**Keywords:** The depletion of Alana, students of the victorious stages

## 1. INTRODUCTION

The EGO is a psychological device and is published. (kernberg)) can be observed in the different daily situations of the interactions of Anna and the quality of the mechanisms that use skills that do not appear in the abstract domain of the ego as experienced by the individual in isolation from others, but withdraw in the overall relationships and degrees and then the manifestations of depletion exaggerate all his life, both in the field Professional or school, and the consequences and effects of such special effects in the form of symptoms of the same body (sicosomatism) or imbalance in personal competence, especially in the field of professional performance or the achievement of the academic against the monopoly of the staff retreat to the primitive stages of the stages of Alana [1].

Building on what can be on the Ban to communicate with one another for life over the usual or more than what the public can use can be an indicator of the depletion of now. search.:

Perls sees that man / his response at every moment and popular with his actions at all levels, whether linguistic, organic or fictional, will hear that he himself is the source of all the problems experienced by Anna [2].

The current research derives its theoretical importance, which adds to its knowledge in the following aspects:

1. Ability to form realistic relationships and social communication with others.
2. Positive outlook of self and confidence in abilities through his real awareness of the events and events around him.
- 3 .Trust in self-potential and abilities.
- 4 .The importance of the current research in general in the identification of the role of Anna in the construction of psychological and cognitive to date the outcome of the impact of educational variables, economic, social and intellectual lives of the individual over his life in the middle and junior high.
- 5 .Jeddah Current research is the first research on the level of the world and the Arab world (according to the researcher) in the detection of the depletion of ALNA as a comparative study.

The current research derives its practical importance from:

- .1 Contributes to evaluation.
- .2 The members of the method benefited themselves from the knowledge of some of the foundations and means of the actress to help in the stability of Anna
- .3 Provide students with basic terms that help them in a state of psychological stability.

### Research Aims:

The current search is presented to identify:

1. the level of depletion of Alna students of the victorious classes
2. Differences in the level of maturity of the ego according to the variables of the third grade (third), pro (male, female).

### Research limitation :

The current research research movement (2018/2019), which is located in the middle schools, preparatory and secondary government morning, which is located in the province of Baghdad within the Directorate of Karkh I, and the first Rusafa and both sexes.

Terminolog: Definition Language: Depletion of The depletion: - depletion depletion, depletion, depletion, and depleted effect • depleted thing: make it run out and expire. [4].

Ego :-(NF) A person's perception of himself or his identity. [5].

### Definition

The researcher adopted the definition of Solomon (2014) as a theoretical definition of depletion of Anna.

### Theoretical definition:

The researcher has adopted the definition of Salma for the depletion of Anna, which is convinced by Antioch personal disobedience (the collapse of the performance). [5]

The definition of the procedural researcher: - is the degree to which the output is limited by its response to the scale of the depletion of Anna by Salmon 2014 and adopted in the current research.

Some responses in search terms are not return to the home page

Chapter Two: Theoretical framework and previous studies:

The depletion or depletion of ana is one of the topics that concern psychology in general and the acquisition of

psychology. Thus, self-control or willpower is limited to a limited set of mental resources. When the back-up energy of mental activity is low, then in particular, the ability to control the self becomes less dependent later on. Self-control may play a valuable role in self-performance at individual and personal levels. [6]

In the research (Rayan, Kasser) that in this case Ender is less than others, in fact, it can not be related but because its saturation is superficial and not statistically significant in English, but can not be missed. He explained that it is to control social troubles, and simply sometimes people avoid them because they do not want to be blamed for bad results. This is also the conclusion of the researchers that the sources of control depletion of energy sources, is meant to depletion of Ana in other words control blocks exhausted. We need to secure the scheme of individuals. [7]

Characteristics of the dead people- :

1 His expectations are unrealistic and lack sufficient understanding.

2 - It seems to him very large, scary.

3 - the weaker the power of Alana, rid of horses [7]

Theories of the depletion of Anna:Whistler's theory:

The Wessler theory emphasizes that ego development undergoes stages in terms of the stage at which growth and growth are studied at each stage, yet the coming is more complex than the one that preceded it and less complex than the next. , And that the stages are in an order that does not recognize all of them. One can not identify the designated mate, but the stages of the growth of Anna are deduced through the personal phases of Mo. If Whistler's theory has confirmed that there are six stages of Ana's growth, the failure of the other two stages Lead to the depletion of usa. [8]

2 .Hartmann's theory:[9] as well as the individual, his conflicts, his biological motives, and the limitations imposed by the environment, but he can be counted as an autonomous body with a primary autonomy, and his mutual relations and influences on the individual are necessary from A full understanding of his personality. If Hartmann has suggested that there is a distinct matrix at birth, this matrix is affected by the individual, talent, and dispositions, and it also invades this factor [10]

- 3 Theory [11]Theoretical output: Assume what he proclaims, by knowing what he knows, with the painful harmony and harmony of the interior and the concept of the self image, and reflects the growth of the ego, and otherwise it weakens the image of us and causes the depletion [12]

If the prophylaxis does not evolve automatically and quickly, the professor with Unk in humans does not have a fully developed sense of abilities everywhere. The two proteins are very important elements of life and life, and [13]

Previous Studies: Foreign Studies.[13]. The effect of depletion on consciousness and cognitive processes(

The aim of this study was to investigate the effect of the loss of knowledge in the cognitive processes and the cognitive processes. The sample included (100) male and female students. Memory tests were used to measure depletion in Anna. The study concluded that the cognitive processes are affected by depletion; the affected tests require significant executive control and Response. This decline in mental

efficiency seems to be transferred to the higher system in working memory, as do individuals who leak the worst tests of logic and inference, understanding of reading, and in general testing of knowledge more than individuals who are excluded. [14]

2- Webster study 2007) Level of depletion of energy and mental energy (The study was conducted on (50) students. The objective of the study was to identify the level of depletion of Ana and its relation to mental energy, which applied the measure of depletion of Ana, as well as a test of mental energy in the form of positions. The results proved that there is a reserve of energy used by the individual in extreme cases to reduce the impact of depletion Which requires self-regulation and control and self-control, and results have shown that lack of energy stocks leads to depletion [8].

A study of 30 individuals showed that stimulating the positive mood could reduce the harmful effects of ego exhaustion on subsequent performance. The positive impulse was the mood by making people watch comedy videos or by giving them a surprise gift. It seems that the positive mood allows people to get rid of the depletion of the ego faster, and to improve their self-regulation. , Where the positive mood can restore the ability of individuals to self-regulate. Moreover, the positive effect is just a way to cope with the depletion of the ego after the person's depletion .[9]

Chapter III: - Research Methodology and Procedures:

This chapter includes an overview of the methodology used in the current research and the procedures followed to achieve its objectives, which include the identification of the research community, sample selection, procedures for applying the research tool to measure the depletion of ana, and how to extract the indicators of its validity and stability, Data, as follows:

First: Research methodology:

The researcher adopted the descriptive approach. The data collected in this type of study are collected from a sample drawn from the research community representing different age groups or descriptors that collect information about them at the same time to reflect the evolution of the characteristic of interest over time or class. :

Second: Research Procedures:

Firstly. research community: The statistical society of the current research consists of students who are in the public schools for the intermediate stage of the third intermediate grade and the preparatory stage of the sixth grade in its scientific branches (biology and applied and literary) in Baghdad governorate (Karkh and Rusafa) with its six departments: .

**Table (1): The Search Community for Baghdad Schools and Students by Gender**  
**Grade Directorates Gender Total% Percentage Grade**

percentage Grade	percentage	Total	Sex		Directorates	Grade
			F	M		
62%	39%	28188	12758	15430	Rasafa firs	Third
	23%	17111	7565	9546	Karkht First	
38%	23%	16796	8489	8307	Rasafa firs	alssadis
	15%	10689	7039	3650	Karkht First	
72784		35851	36933		Total	

Second. The research sample econd. The research sample:  
The sample is a part of the society under study, chosen by the researcher to study it according to special rules to properly represent the society (Daoud, Abdel Rahman, 1990: 67) (42) male, 35 female and 47 (1) male and female (26) male and

female students. (22) males, (24) female, and (30) of the students of education Karkh first of it (10) male and 20 female, as shown in Table (2).

**Table (2) shows the distribution of the research sample**

percentage Grade	percentage	Total	Sex		Directorates	Grade
			F	M		
62%	39%	77	35	42	Rasafa firs	Third
	23%	47	21	26	Karkht First	
38%	23%	46	24	22	Rasafa firs	alssadis
	15%	30	20	10	Karkht First	
200		100	100		Total	

Search Tool:

Anaerometer: (Ego-Depletion) Achieving the objective of the current research on the prevalence of the ego, and reaching the written literature, research, and engagement, prepared by the researcher Salmon [15] was intended to explode now. The researcher adopted this measure and then it was expressed and adapted to the Iraqi environment (Appendix 1.)

The standard consists of (15) paragraph with a pentagram (apply to a large extent, apply to me, apply to me sometimes, apply rarely, do not apply to) the weights are given from (1 to 5)

For the purpose of adaptation and use in the Iraqi environment to achieve the objectives of this research, the researcher conducted a number of steps as follows:

- 1The researcher obtained the test after the correspondence of the researcher at the University of California through the World Information Network chapter on the English version of

this scale (Appendix 1.)

- 2 Presentation of the test to three specialists in the translation of

- 3After the translation of the test and translated copies in English, the Bible in English

.4The translated version was then committed to English with the original English version.

Clarity of test instructions and paragraphs:

After the vacation in (6) students with (20) students and 20 student definition is then , nts (20) students and (20) students of the first class (2) students of the sixth scientific (20) students of the sixth literature prepared in the Ministry of Education (20) male and female students from each grade (intermediate third, sixth scientific and literary), and table (3). The then it is fixed, then it is in the same period(.

**Table (3) Size of Individual Survey Price by Type and School of Alaa Drainage Scale, the sample**

Total	Alssadis		Third		Yeah School name
	F	M	F	M	
20	-	-	-	10	Rational for boys
	-	-	10	-	Arfan for Girls
40	10	10			Al - Rafidain Preparatory School for Boys
	10	10			Al - Misra Preparatory School for Girls
60	20	20	10	10	المجموع

The survey showed that all the paragraphs were clear and understandable. The researcher recorded the response time on the test subjects from the survey sample according to the age group corresponding to the grade. The response time for the third grade students was between 10-15 minutes. The response time for the students and sixth grade It ranged between (5 - 10) minutes.

Statistical analysis of paragraphs:

Paragraph analysis is a structured approach designed to obtain specific information relevant to each paragraph of the test (Alam, 2006: 112). The researcher applied the methods of the two radical groups, and the relation of the degree of the paragraph to the overall degree in the analysis of the paragraphs, the scale was applied to a sample of 200 students from middle, middle and high school students. The application period lasted from (two weeks.)

Here is an explanation of the statistical characteristics of the

paragraphs:

A - Extraction of discriminatory power of paragraphs:

The researcher realized the availability of the discriminatory power condition of the Al-Anba measurement scales in the light of the two groups. The researcher followed the following steps:

1. Determine the total score for each form. Each form contains (15) paragraphs.
2. The individual sample scores in their response on the scale of the loss of Anna were ranked from the highest to the lowest grade.
3. Appointing (27%) of the high grade forms, which amounted to (49) form, as well as (27%) of the forms obtained the lowest grades which amounted to (49) form, thus the total of the forms analyzed (98) Form.
4. Each of the paragraphs of the test analyzed the use of the discrimination equation to test the significance of the differences between the number of correct

answers for the upper group and the number of correct answers for the minimum group divided by the number of members of one group.

- balancing the value extracted by the equation of discrimination with the Ebel (Ebel, 1972), who believes that the higher the discrimination of the paragraph the better, and Table (4) shows that:

**Table (4) Discriminatory Force of the Anaerobic Maturity Scale**

value Significance level (0.05)	number group	Minimum group)		Group top)		Paragraph number
		deviation	Average	deviation	Average	
	3.079	1.10	3.25	1.02	3.88	1
Function	4.098	1.18	2.61	1.11	3.51	2
Function	5.697	0.88	2.31	1.12	3.42	3
Function	5.810	1.05	2.55	1.12	3.77	4
Function	7.897	0.95	1.87	1.37	3.66	5
Function	5.659	1.06	2.35	1.04	3.50	6
Function	6.143	1.07	2.46	1.05	3.72	7
Function	13.90	0.90	1.88	0.79	4.16	8
Function	4.317	1.31	3.77	0.75	4.66	9
Function	11.97	1.03	1.85	0.88	4.07	10
Function	4.397	1.15	1.98	1.33	3.03	11
Function	4.928	1.20	2.29	1.32	3.50	12
Function	3.615	1.16	2.11	1.43	3.01	13
Function	6.681	1.08	2.25	1.21	3.74	14
Function	2.629	1.22	3.24	1.18	3.85	15

Psychometric characteristics of the test:

Test validity indicators:

A) The truthfulness of the face:

Abel points out that the best way to use the apparent truth is that a number of expert experts explain the extent to which the test clauses are represented for the attribute to be measured. (79) Ibel, 1972. The researcher used this type of honesty by presenting the standard paragraphs to a group of arbitrators in educational sciences (Appendix 2) and to take their views on the validity only and the relevance and relevance of the research sample

**Table (5) Ratio of the agreement of the experts arbitrators on the validity of the ingredients of the scale of depletion**

Approval %	Arbitrator's opinion		alfaqarat
	aleadad	Alhukm	
100%	8	Valid	1.2.3.4.5.6.7.8.9.10.11.12.13.14.15
	0	Non Valid	
87.5 %	7	Valid	5.6.10.14
	1	Non Valid	

**Table (6) shows the truth of internal consistency**

The level of significance at (0.01(	The critical value of official significance	Link value	Paragraph number
Function	0.182	0.57	1.
Function		0.46	2.
Function		0.39	3.
Function		0.55	4.
Function		0.41	5.
Function		0.44	6.
Function		0.58	7.
Function		0.62	8.
Function		0.48	9.
Function		0.42	10.
Function		0.53	11.
Function		0.59	12.
Function		0.50	13.
Function		0.51	14.
Function		0.54	15.

B). Test Stability (Reliability):

In order to calculate financial offsets by Islamic law (Islamic Sharia, 1999: 636). The value of the test stability coefficient (0.88) was the same, which succeeded in balancing the

management of the measurement literature [15]

Stability of the two test methods - re - testing and equation Kronbach Alpha The researcher achieved the results of the tests of the Alna test by re-testing and Kronbach Alfa equation, with the stability of the scale (0.72 and 0.88) respectively according to the methods indicating the stability of the scale, and the sphe shown in Tble (7).

**Table (7) Stability of the test methods - re - test and equation Kronbach Alpha Weakness**

Stability	Variable	
Cronbach Weakness	Alpha	Test - re-test
0.88	0.72	EGO depletion

Test description as match:

,The scale consists of (15) paragraph with a pentagram (apply to a large extent, apply to me, apply to me sometimes, apply rarely, do not apply to) the weights are given from (1 to 5) the highest level of applicability gets to grade 5 and down to Do not apply to take class 1

Final Application:

The researcher's sample is the electronic analysis sample (percentage) on the evaluation results -Statistical aspect:

The researcher used the SPSS to process his research data as follows:

1A single sample tester to denote formal transactions.

.2Alpha and Kronbach equation for extraction of constancy.

3alysis of the binary variance: research on the level of depletion of Anna by the variables of the class and gender.

The researcher used the following equations:

.1Percentage Law: To extract the percentage of arbitrators who approve and disagree on each of the paragraphs of the scale 100:x (part) / percentage ratio

.2The equation of independent discrimination of power):The number of the group answers number - the upper group of the correct answers number = discrimination coefficient) / (two groups one member number)(Azzawi, 2008: 79(Chapter Four: Presentation, Interpretation and Discussion:

This chapter provides an overview of the results achieved in achieving their goals, interpretation and discussion, and then different conclusions, comments and proposals, as follows:

The first target: the rate at the level of the explosion of the third and intermediate sixth grade students

The mean value of the researcher for the good care of the word care (45) Average duration (46.21) with a standard deviation of (7.76) The value of the computation of the computations is a function value when compared to the table T value of (1.96) at the level of significance (0.05) and freedom degree (199) The students in the completed stages have a depletion rate, and Table (8

**Table (8) Test results of a single sample**

Values t Calculate d	Average	Standard Deviation	Arithmetic Mean	The Number	Variable
2.213	45	7.76	46.21	200	Depletion of

The second objective is to identify the differences in the level of maturation of females by grade variables (third, sixth) and gender (male, female).

In order to achieve the second goal of the study, which is discontinued (without interaction), there are differences in the

number of students in the third, intermediate, sixth and intermediate grades (male, female) if the average third grade (43.81) 48.62), half the average students (46.62), average female students (45.81) and table (9.)

**Table (9) shows the differences in the level of maturation of Anna by grade variables (third, sixth) and sex (male, female)**

General average by grade	Average My Account	Sex	Classroom
43.81	44.56	Male	the third
	43.06	Females	
48.62	48.68	Male	VI
	48.56	Females	
46.21	46.62	Male	General average by sex
	45.81	Females	

The results of the analysis of bilateral variation (without interaction ,(21.097)(which is greater than the numerical value of the scale (3.84) at the level of significance (0.05) and the freedom levels (1-197). Therefore, there are statistically significant differences between the third grade students and the sixth grade students and the difference in favor of students The sixth grade is the average number (48.62 - 2.Establish the calculated value of the cycle of the difference between the sex of the students (0.598) and smaller than the numerical value of the scale (3.84) at the level of significance (0.05) and the freedom degrees (1-197) This means that there are no real differences in the level of depletion of Anna and graduated (10).

**Table (10) Results of the analysis of the binary variance without derivation (third, sixth) and the sex of the students (male, female.)**

Level of significance )0.05 (	Calculated f value	Average squares	The degree of freedom	Total squares	Source of Contrast
Function	21.097	1156.805	1	1156.805	Class
Not a function	0.598	32.805	1	32.805	Sex
		54.833	197	10802.145	Residual
			199	11991.755	Total

## INTERPRETATION AND DISCUSSION OF THE RESULTS:

Search results in the first semester of the first academic year of 2007 (Allport): the principle of reducing tension, intellectual dispute now and otherwise weaken the image of usa and occur depletion.

The results showed no statistically significant effect on the interaction between the two variables

## CONCLUSIONS

In the light of the search results, it can be deduced up:

1. Students in the third and sixth intermediate grades are entitled to a Palana depletion.
2. There are differences between the students of the third grade intermediate and sixth grade students and the difference for the sixth grade student. That is to say, the students of the sixth are more exhausted
3. The variables of age and gender do not interact in the depletion of the ego.

## RECOMMENDATIONS:

1. Encouraging research on the reality is, discovering it and dealing with it and then controlling it.

2. A set of guidance and awareness programs for the development and strengthening of Alana
3. Encourage students to pay attention to their emotions and hearing.
4. Proposals:
5. Study of the study of the depletion of the university students.
6. ..Continue a study to look for the relationship between the depletion of Ana and the level of ambition

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